

NO-COOK

# Play Dough

PREP TIME: 4 MIN   EXPIRES: 6 MONTHS

## Ingredients:

2 cups plain flour (all purpose)

2 tablespoons vegetable oil

1/2 cup salt.

2 tablespoons cream of tartar.

1 to 1.5 cups boiling water  
(adding in increments until it feels  
just right)

gel food colouring (optional)

few drops glycerine (for stretch and  
extra shine)

## Method:

Mix the flour, salt, cream of tartar and oil in a large mixing bowl

Add food colouring TO the boiling water then into the dry ingredients

Stir continuously until it becomes a sticky, combined dough

Add the glycerine (optional)

Allow it to cool down then take it out of the bowl and knead it vigorously  
for a couple of minutes until all of the stickiness has gone.

**\* This is the most important part of the process, so keep at it until it's the perfect consistency!\***

If it remains a little sticky then add a touch more flour until just right